

S + H

SKIN+HAIR
REJUVENATION

Skin + Hair Rejuvenation is an Aesthetic Skin and Hair Clinic supported by a well-respected team of plastic surgeons that promise to deliver advanced, safe and proven techniques in cosmetic dermatology.

More specifically, we offer skin and hair rejuvenation as well as anti-ageing procedures for the face, scalp and body, such as skin depigmentation, hair restoration, tightening, firming, brightening and retexturing. We also do a range of acne, scarring and stretch mark treatments.

We only stock cosmeceutical skincare products, which contain medical grade ingredients.

Following an in-depth consultation, our patients are provided with a well-informed and personalized treatment program to target their specific needs.

Skin + Hair Rejuvenation has a high standard of patient care and our skin specialists are optimally trained to offer the best in skin care technology.

Specializing in non-invasive aesthetic procedures, patient comfort and well-being is practiced in a caring, confidential and professional environment.

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Medical Aesthetics

Medical Needling/Dermapen

Collagen Induction, ideal for skin rejuvenation, fine lines and wrinkles, skin tightening, enlarged pores, scars and stretch marks. Each treatment includes a targeted serum ampoule to be needled in as well as a healing LED light treatment post needling.

Face	R2000
Face and Neck	R2500
Décolleté	R2000
Hands	R1000

Add ons

Environ recovery peptide mask **R400**

A cooling, peel off mask delivering vitamins and peptides into the skin by means of Iontophoresis to assist healing and recovery post treatment

PRP(Platelet Rich Plasma)

One's own blood is drawn and spun to produce plasma rich growth factors which are injected into the skin using our Vital Injector. This helps to induce collagen synthesis resulting in an overall improvement in skin texture and wrinkle reduction.

Face, Neck and Décolleté	R3800
Face, Neck and Scalp	R3800
Add Needling	R1000
Add Environ Recovery Peptide Mask	R400

PRP Hair Restoration

One of the revolutionary treatments in hair wellness is PRP (Platelet Rich Plasma) which regenerates and optimises the function of the existing hair follicles to improve hair quality and slow down the rate of hair loss. Just like our skin, our scalp also ages which starts to affect the quality of the hair follicle leading to hair thinning. PRP can help preserve a healthy head of hair!

Full Scalp	R2950
Add Needling	R700



Medical Facial Treatments

Consultation <i>Skin assessment to discuss concerns and formulate a treatment plan</i>	R380
Deep Cleanse <i>Steam, exfoliation & extractions</i>	R520
Deep Purifying Facial <i>Exfoliation, extractions, antibacterial mask & LED light therapy</i>	R750
Signature Medical Facial <i>Steam, exfoliation, extractions, soft AHA peel, specialised mask & massage</i>	R900
ZO Red Carpet Facial <i>Exfoliation, soft AHA peel, 3x customised masks & massage</i>	R1000
Environ DF Electro-Sonic Facial <i>Low frequency Sonophoresis followed by an alginate mask to deliver vitamins into the skin.</i>	R810



Chemical Peels

ACM <i>Congestion, mild acne, post acne hyperpigmentation</i>	R510
Mesoesthetic Azelan Peel <i>Mild acne, breakouts, rosacea</i>	R730
Mesoesthetic Modified Jessner <i>mild to moderate photoaging, irregular skintone</i>	R730
Mesoesthetic Melanostop Tranex Peel <i>Sun damage, photoaging</i>	R730
ZO Restorative Peel <i>Hydration, poor barrier function, rosacea</i>	R630
Mesoesthetic Melanoplus (face) <i>Unwanted sunspots, dull, uneven skintone,</i>	R1575
SkinTech TCA (face) <i>Enlarged pores, uneven skin texture, acne scarring</i>	R1310
SkinTech Easy Droxy <i>Dull skin, lack of radiance, sundamage</i>	R950
Delta Retinol Peel	R1310



Targeted Treatments

Cosmelan Depigmentation programme POA <i>Cosmelan is the world's leading depigmentation method. The package includes an in-clinic treatment followed by the maintenance programme for the next 6-12 months. As a final result, the purpose is to obtain an even skin tone and/or significant reduction in hyper-pigmentation. A significant reduction in pigmentation may be detected as soon as 4 weeks after starting treatment. Once peeling is completed, the skin will appear luminous and rejuvenated and continue to improve the use of homecare products.</i>
<i>*A consultation with one of our Skin specialists is compulsory</i>

Pixel Peel R3400 <i>Combination of needling and a TCA peel which allows us to use both methods to achieve an even more effective result in one procedure. Combining needling with TCA for deeper penetration of the peel, therefore stimulating the regeneration process at a deeper level. Improves dull ageing skin, sun damage, enlarged pores, surface texture and acne scarring. Ideal for those wanting a more intensive treatment, downtime to be expected.</i>
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Specialised Combo treatments

Brightening Boost R1590 <i>Tran3x peel + Microneedling with depigmentation serum.</i>
Deep Hydration R1590 <i>Lactic acid peel + Microneedling with peptide/hyaluronic serum</i>
Eye Radiance R950 <i>Periocular peel + Microneedling + sonophoresis with the dual effect filler serum.</i>
Mesoesthetic layered peel R1250 <i>Step up double peel to enhance skin radiance and a healthy glow.</i>



Additional Treatments

LED Light Therapy R350/20 min <i>The Omnilux system uses Light Emitting Diodes (LED's) at a specific wavelength which helps optimize and improves the way that the skin heals and regenerates itself.</i>
<i>Plus Light - Photo Rejuvenation, Post Medical Needling, Post operative wound healing</i>
<i>Revive Light - Mild Acne, Non-Melanoma skin cancer (PDT), Post chemical peels, Post operative wound healing, Rosacea, in conjunction with botox & fillers.</i>

Stretch Marks & Post op Scarring

Medical needling is a treatment method that can also be used to treat post operative scarring and stretch marks. A series of fine needles is introduced into an anaesthetised skin to create a controlled trauma which breaks down scar tissue and stretch marks. This trauma encourages the production of new collagen and elastin resulting in a smoother appearance of the skin.

X6 Scar needling	R2500
X6 Stretch mark needling	R4000
<i>*more sessions may be required</i>	

Mesotherapy

Mesotherapy is a popular, minimally invasive technique to deliver active ingredients into the superficial layers of the skin, to stimulate and regenerate the skin without damage or trauma. The skin will appear smoother, softer and more youthful.

Specialised serums with the Vital Injector	R1800
<i>Includes face & neck (3-4 sessions recommended)</i>	